

# TECATE HORSE RESCUE NEWSLETTER

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## Adoption Spotlight

Lena is a beautiful paint horse rescued from Bowie, Texas, who showed incredible resilience by safely delivering her foal, Nick, just two days after arrival—truly “in the nick of time.” She has one eye but is rideable and full of potential, though still green and understandably cautious with people. With patience and consistent, gentle handling, Lena can build trust and confidence, making her a loyal and loving partner for the right person.

## UPCOMING EVENTS

### \* Women’s Wellness Weekend

April 11, 2026

A restorative retreat for women featuring horses, nature, connection, reflection, and healing.

### \* Wine Tasting Valentina Vineyards

April 19 2026

from 1-4 PM—Sip wine, Meet our rescues and take a photo with them, relax, connect and support rescued horses.

### \* The Trails

April 25-27 2026

4 riders join us for overnight camping with our rescued horses.



## A Sign Worth The Wait

Sometimes progress at a rescue doesn't come in big, dramatic moments.

Sometimes... it comes in the form of a sign.

And after three years—yes, three years—we finally have one.

Not just any sign, but a beautiful, bold, unmistakable road sign that lets people know exactly where we are and what we stand for here at Tecate Horse Rescue.

From Invisible to Impossible

For years, finding us meant already knowing us. We heard it all the time:

“I drove right past.”

“I couldn't find the entrance.”



“I didn't know you were here.”

That changes now.

Our new sign stands clearly along Highway 188 / Tecate Road—visible, intentional, and welcoming. It marks our presence in a way we've needed since the beginning.

Powered by Community This didn't happen alone.

Thanks to a generous donation from District 2, led by Supervisor Joel Anderson, and Rachel's direct involvement, this sign became a reality.

With a built-in QR code, the sign makes it easy for anyone to find us, learn about our work, and get involved.

Three Years Later...

It only took us three years.

(But who's counting?)

Come See It

You won't miss us on Tecate Road anymore.

## TECATE HORSE RESCUE – MARCH UPDATE

There are moments when you step back and realize just how far something has come. This month is one of those moments for us at Tecate Horse Rescue.

Since our beginning, we have rescued over 100 horses, mules, donkeys, and ponies—animals who arrived neglected, at risk, or simply out of options. Each one came with a story, and each one deserved a chance to heal.

Today, we're proud to share that 65 of those animals have found new homes.

That's 65 lives changed. 65 second chances. 65 partnerships formed between people and horses who needed each other.

Adoption is where the work comes full circle. It's not just about rescue—it's about restoration, trust, and creating a future that looks completely different from the past. Many of these horses are now thriving as companions, trail partners, and even participants in equine-assisted therapy programs in their new communities.

The remaining animals in our care continue their journeys with us, receiving the time, training, and support they need.

None of this happens alone. Every rescue, every adoption, and every step forward is made possible by a community that believes in this work.

And we're just getting started.

## March Photos



### EVENTS

## Sip N Paint Valentina Vineyards

Our first-ever Sip & Paint was a true success. Led by Flor, a group of 11 participants created incredible, one-of-a-kind paintings on straw hats—each piece as unique as the experience itself. Surrounded by the beautiful setting and amazing wines of Valentina Vineyards, the afternoon was filled with creativity, connection, and purpose. More than just a fun event, it made a real impact: together, we raised enough funds to cover nearly two weeks of hay for the herd. It was a perfect blend of art, community, and support—and a glimpse of what's possible when people come together for the horses.

## Support us!

Hay is our most constant need.

At \$20 per bale, and 8 bales a day, we go through 240 bales each month—a cost we can't avoid.---That's why recurring donors matter.

Just \$20/month feeds 12 horses breakfast for a day. When support is consistent, we can focus less on fundraising and more on training, therapy, and care.

Recurring support doesn't just feed the horses —it makes everything else possible.